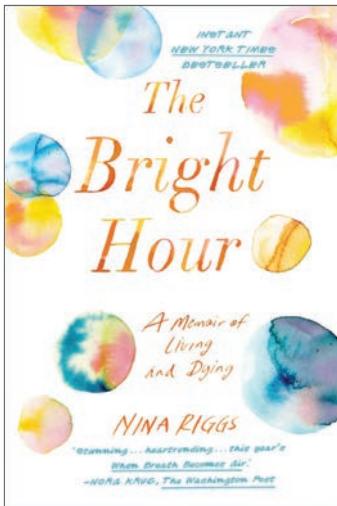


# Please Join Us!

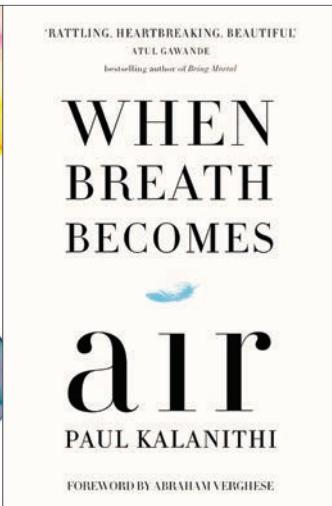
SACHI, Society for Art & Cultural Heritage of India is honored to partner with Bay Area Book Festival

*In Presenting a thought provoking Panel Discussion*

## What Makes A Life Worth Living: Powerful Memoirs of Love and Loss



Simon & Schuster, 2017



Random House, 2016

**Paul Kalanithi** — a Stanford neurosurgeon, philosopher, and literary enthusiast — wrote a memoir in his final years, *When Breath Becomes Air*, as he faced lung cancer at age 37. It was shortlisted as a 2016 finalist for the Pulitzer Prize.

**“Nina Riggs** — a poet, mother and teacher — completed her memoir, *The Bright Hour*, just months before she died, at age 39, of metastatic breast cancer”, wrote Nora Krug, following the parallel experiences of two bestselling memoirists.

The two books, posthumously published in 2016 and 2017 respectively, received high critical acclaim, evoking extraordinary human appeal. The event brings into conversation the two spouses, Lucy Kalanithi and John Duberstein in a literary pairing that discusses two profound works filled with love, hope, wisdom and meaning.

April 28, 2018, 11:45 AM – 1:00 PM

**Veterans' Memorial Building Auditorium**

1931 Center Drive, downtown Berkeley, CA

**John Duberstein, Lucy Kalanithi,  
moderator, Elizabeth Scarboro**

*In Conversation*

## What Makes a Life Worth Living: Powerful Memoirs of Love and Loss

In his final year of life before dying of cancer, the young neurosurgeon Paul Kalanithi wrote the bestselling “When Breath Becomes Air,” probing how the mind makes meaning and why our lives matter. In her final year of life with cancer, writer Nina Riggs penned a luminous memoir, “The Bright Hour,” detailing the delicate beauty of our mortality and interrogating essential questions about how to live. Paul’s widow, Lucy Kalanithi, wrote a glowing blurb for Nina’s book. Over the months after their spouses had passed away, John and Lucy became good friends and eventually fell in love. They come to us to discuss Nina’s and Paul’s work and legacy, the act of witnessing, and what death can teach us about living and loving.

# In Conversation



## Lucy Kalanithi, MD

Dr. Lucy Kalanithi, M.D., FACP, is the widow of the late Dr. Paul Kalanithi, author of the New York Times bestselling memoir, “When Breath Becomes Air,” for which Lucy wrote the epilogue. She completed her medical degree at Yale, where she was inducted into the Alpha Omega Alpha Honor Medical Society, her residency at the University of California, San Francisco, and a postdoctoral fellowship training in healthcare delivery innovation at Stanford’s Clinical Excellence Research Center. She is now an internal medicine physician and faculty member at the Stanford School of Medicine.



## John Duberstein

John Duberstein was married to author Nina Riggs for more than 16 years when she died from complications of metastatic triple negative breast cancer in February 2017, shortly after completing “The Bright Hour: A Memoir of Living and Dying.” After Nina’s death, John took up the mantle of promoting her final work. He now works as a lawyer for the Federal Public Defender in Greensboro, NC, where he lives with their two boys, Freddy and Benny.



## Elizabeth Scarboro

Elizabeth Scarboro is the author of the memoir “My Foreign Cities,” which was chosen by the San Francisco Chronicle and Library Journal as a Best Book of 2013. She is also the author of two novels for children. Her essays have appeared most recently in The New York Times, The Millions, and the Bellevue Literary Review. She lives with her family in Berkeley, where she works as an elementary school literacy coach.



Fourth Annual Bay Area Book Festival • April 28-29 • Downtown Berkeley

## Bay Area Book Festival

Over the weekend of April 28-29, 2018, the Fourth Annual Bay Area Book Festival will fill downtown Berkeley with a literary extravaganza that offers pleasure to anyone who has ever loved a book.

Whether you’re a fan of science fiction or history, of fiction or memoir, of poetry or food writing, of children’s literature or science, experience one of the nation’s premier book festivals right here in the Bay Area!

### For Festival details and tickets:

<https://www.baybookfest.org/>

### For inquiries, contact:

[info@sachi.org](mailto:info@sachi.org)

### Priority Admission Ticket \$10

Guarantees your seat to a specific single author session!

Be sure to arrive at least 10 minutes before the session’s start time.

### General Admission Wristband \$15

Roam the festival! With General Admission Wristband you can go to any event that interests you, anytime Saturday and Sunday – first come, first served.



**SACHI**  
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[www.sachi.org](http://www.sachi.org)

*SACHI extends grateful appreciation to Jadeja Family Foundation for generous program support.*